About cann.

Cann Charitable Trust (formerly the Duncan Foundation) is a nonprofit dedicated to improving lives for people physically impacted by neurological conditions.

Too often, people are left to navigate their condition alone.

We bridge that gap – offering expert care, trusted guidance, and practical tools to help people live better, longer.

Our name, Cann, stands for Clinical Allied Neurological Network – a reflection of our nationwide network of allied health professionals, our clinical expertise, and our focus on neurological conditions.





How to start.

Visit <u>www.cann.org.nz/parkinsons</u> to check eligibility and complete the online registration form.

Once submitted, our team will be in touch within 5-10 working days to confirm your registration and connect you with a clinician in our network.

Connect with us: www.cann.org.nz hello@cann.org.nz

Visit us on Facebook



Parkinson's? cann is here to support you.





Living with Parkinson's? You don't have to do it alone.

A new diagnosis can bring uncertainty – but you don't have to navigate it without support. At Cann, we connect people with expert allied health clinicians who understand both the motor and non motor symptoms of Parkinson's.

Motor symptoms may include:

- tremor
- stiffness
- movement changes

Non-motor symptoms can include:

- fatigue
- sleep difficulties
- pain

With the right support you can stay active, independent, and confident.

What support is available?

Our **CORE Package** (Condition-Oriented Rehabilitation & Education) provides free access to allied health care for people with Parkinson's.

This includes:

- An initial assessment with an experienced clinician.
- Up to two follow-up sessions.
- A personalised plan focused on your goals.
- Access to PD Warrior® trained clinicians and resources.

Who can access this support?

You may be eligible if you meet one of the following criteria:

- Recently diagnosed within 12 months of your Parkinson's diagnosis.
- **PINK1 diagnosis** any age, any time.
- Early Onset Parkinson's diagnosed before age 50 and registered with Cann before your 50th birthday.

