

## About cann.

cann Charitable Trust (formerly the Duncan Foundation) is a nonprofit dedicated to improving lives for people physically impacted by neurological conditions.

Too often, people are left to navigate their condition alone.

We bridge that gap – offering expert care, trusted guidance, and practical tools to help people live better, longer.

Our name, cann, stands for Clinical Allied Neurological Network – a reflection of our nationwide network of allied health professionals, our clinical expertise, and our focus on neurological conditions.



## How to start.

Visit [www.cann.org.nz/polio](http://www.cann.org.nz/polio) to check eligibility and complete the online registration form.

Once submitted, our team will be in touch within 5-10 working days to confirm your registration and connect you with a clinician in our network.

Connect with us:  
[www.cann.org.nz](http://www.cann.org.nz)  
[hello@cann.org.nz](mailto:hello@cann.org.nz)

Visit us on Facebook



# Late effects of polio?

cann is here to support you.



  
**cann**®  
Charitable Trust

## Delivering life-changing support for polio.

At CANN, we connect people with expert allied health clinicians who understand the late effects of polio.

Our **CORE Package** (Condition-Oriented Rehabilitation & Education) provides free access to tailored allied health care.

It includes an initial assessment, a personalised plan, and follow-up sessions to support your progress. We aim to help you build confidence, improve safety, and manage changes over time – so you don't have to navigate these challenges alone.

## Peer support morning & afternoon tea.

### **Connect. Share. Support.**

Living with the late effects of polio can feel isolating – but you're not alone. Each week, people with lived experience of polio meet online for a relaxed cuppa and conversation. This friendly peer support group is a space to connect, share experiences, and swap practical tips. Whether you join once or come regularly, it's about finding encouragement and support from others who truly understand.

## You deserve support that fits your life.

Living with the late effects of polio (LEoP) means working with a body that may change slowly over time. You might notice more fatigue, weakness, pain, or balance issues – even in areas that weren't affected by the original polio infection. The good news is that there are strategies that can help. With the right support you can protect your energy, stay active and keep doing the things that matter most to you.

